

Worldcue® Alert
Severity: Informational Alert

Health: Officials report measles outbreak in Minneapolis, Minn., US. Be sure of immunization status before travel.

This alert affects Minnesota - Minneapolis

This alert began 21 Mar 2011 16:20 GMT and is scheduled to expire 30 Apr 2011 23:59 GMT.

Summary

Health officials in Minnesota have reported six measles cases in Minneapolis and surrounding Hennepin County March 1-19.

Measles is uncommon in Minnesota. Excluding the current outbreak, officials have confirmed just six measles cases since 2005.

Background

Measles is a highly contagious viral disease with an incubation period of 7-21 days. Recovery generally occurs within 10-14 days, but serious complications, including pneumonia, may occur. Complications are most likely in children under five years old, adults over 20 years old, and immunosuppressed people. Infected individuals are most contagious for nine days - five days before and four days after the measles rash erupts.

Advice

People born before 1957 generally acquired immunity to measles and mumps in childhood. People born after 1957 and those who did not have the disease as children are immune if they have received a two-dose series of the measles, mumps, and rubella (MMR) vaccine. All international travelers should be sure they are immune to measles and mumps before travel.

Related Advice: [Measles](#)